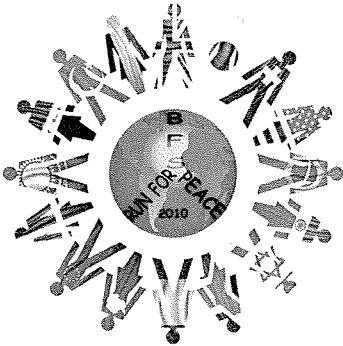


Buckingham Friends School

5k Run / Walk for Peace 1 Mile Fun Run



www.bfsrunforpeace.org
Buckingham Friends School
5684 York Rd, Lahaska, PA
at the intersection of Rts. 202 & 263



After the Run
Enjoy Buckingham Friends
11th Annual Peace Fair.
Coupon to all race participants for a free
Peace Fair activity or refreshment.

1 MILE FUN RUN/WALK – 9:00 AM

5K TRAIL RUN / WALK – 9:30 AM

The 5k course is a beautiful trail run through the hills and wooded campus of Buckingham Friends School. Trail includes one small stream crossing. Everyone is welcome to walk or run— athletes, amateurs, runners, walkers, adults, children and groups.

T-SHIRTS

Custom-designed souvenir t-shirts provided for all advance registrants. Youth and adult sizes, including women's style tees.

AWARDS

Prizes for top three men and women overall, top team, and top three men and women in each age group: under 10, 10 to 19, 20 to 29, 30 to 39, 40 to 49, 50 to 59, 60 to 69, 70 +.

COURSE MAP & ADDITIONAL INFORMATION

Available at www.bfsrunforpeace.org

REGISTRATION

5k: \$25 for individuals, \$20 for team members, if received by Wednesday, September 22nd.

Fun Run: \$15 for adults, \$10 for children 12 and under.

Register online at www.bfsrunforpeace.org

OR BY MAIL: Make checks payable to **Buckingham Friends School**, PO Box 159, Lahaska, PA 18931

Race Day Registration: 8:00 am, 5k: \$30, Fun Run: \$20 adults, \$10 children 12 and under.

PARKING

Parking is available courtesy of Peddler's Village.
Park south of the carousel near the entrance to Buckingham Friends School.

PROCEEDS

All proceeds benefit Buckingham Friends School and its programs to promote equality, peace, service and community.

BUCKINGHAM FRIENDS SCHOOL 5K RUN / WALK FOR PEACE – SEPTEMBER 25, 2010

Race Number (for office use only)

NAME				
STREET ADDRESS				
CITY, STATE, ZIP				
GENDER	AGE	D.O.B.	T-SHIRT Size	RACE
M	(on race day)	MM-DD-YY	YS YM YL	5k
F	_____	_____	S M L XL	1 Mile
DAY PHONE			EVENING PHONE	
EMAIL ADDRESS			EMERGENCY PHONE (NOT YOUR OWN)	
TEAM NAME: (SEE OTHER SIDE FOR MORE INFO)				

WAIVER: I know that running in a foot race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any and all decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running participants, the effects of weather, including high heat and humidity or extreme cold, traffic and conditions of the trail, all such risks being known and appreciated by me. In consideration of granting the undersigned permission, having read this waiver, I, for myself and anyone entitled to act on my behalf, waive, release and forever discharge Racing Resources, Buckingham Friends School, Buckingham Friends Meeting, Dave and Karen Thompson, Peddler's Village, their officers, directors, employees and the owner and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even if caused in whole or in part by any negligence, strict liability, actions or inactions of the Released Parties. As a licensee, I assume the risk of all dangerous conditions on or about the premises and waive notice of the existence of any such conditions. I grant permission to all the foregoing groups to use any photographs, motion pictures, recordings or other record of this event for any legitimate purpose, without compensation. I understand that this is a trail race not intended for baby joggers, headphones, skates, rollerblades, and pets on leashes, and I will abide by these guidelines.

PARTICIPANT'S SIGNATURE

DATE

PARENT OR GUARDIAN SIGNATURE (IF PARTICIPANT IS UNDER AGE 18)

DATE

Team Information

Form a team for the 5k run and save \$5 on your entry fee. A Team is a group of 4 or more individuals. Team members can consist of family, friends, co-workers, classmates, athletes or anyone else you can recruit. Team members can be any combination of runners, walkers and/or kids. Each team must have a Team Name. Team members can register for the 5k at the reduced rate of \$20 per person for **pre-registration only**.

Team Registration

Team members must register individually indicating they are members of the team. Team members register at a reduced fee of \$20 if registered by September 22nd.

Note: If you sign up at the reduced rate and your team has less than 4 people registered by September 22nd then you will need to pay the additional \$5 for registration at check-in.

Team Scoring

Team award to the top team. Team winner is determined by fastest four team members.

Sponsors / Volunteers

Are you interested in sponsoring the event or volunteering on the day of the race?

Please contact:

Renee Rodgers for sponsorship opportunities: renerodgers@comcast.net

Lisa Cook to volunteer on race day: lisakcook@aol.com

About Buckingham Friends School

Proceeds from this race benefit Buckingham Friends School, an independent Quaker school founded in 1794 and one of the 12 oldest continuously operating schools in the United States. The school welcomes students of any race, color, faith, national or ethnic origin and works to instill values that guide students in caring for the people and resources of the world. The school is guided by the Quaker values of community, equality, service, simplicity, integrity, stewardship, and peace.

Buckingham Friends School students express their global commitment by participating in the school's international Joint Environmental Mission (JEM) and a variety of service projects and fund-raising efforts throughout the year. These projects are conceived of, planned and carried out with the help of the JEM and Outreach student committees. Through these efforts, the school community has been able to forge lifelong, collaborative international relationships and provide much needed goods and services to schools and communities around the world.

Buckingham Friends School is a 501 (c) (3) non-profit organization. Donations to the school are tax-deductible as permitted by law. For more information about Buckingham Friends School and its programs please visit www.bfs.org.

Buckingham
FRIENDS SCHOOL

*Inspiring a lifelong love of learning,
nurturing a respect for the Light in every person,
and fostering a sense of spiritual community
since 1794.*